



## DeColores!!!      *April 2010*



### **Wasatch Front Walk to Emmaus of Utah**

*"...then their eyes were opened and they recognized him," Luke 24:31*

Web Site: <http://www.utwte.org>

Facebook Group: [Wasatch Front Walk to Emmaus](#)

### **Dates to Remember:**

#### ***Today! - Pray***

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#### **Board Meeting: Tuesday, May 11, 7:00pm**

Community United Methodist Church at Washington Terrace

We meet the 2nd Tuesday of odd months for an hour or so. Get on board!

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#### **Gathering: May 23, 3:00pm**

#### **Community UMC at Washington Terrace, 163 W. 4800 S. in Ogden**

Speakers & planning help needed.

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Rev. Handi Jo Dolloff-Holt and Rev. Bob Kaylor have both been reappointed to Colorado. We thank them for their wonderful support of our Emmaus community! They will be greatly missed. **June 6th** is their last day serving their Utah Churches. Wish them well.

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#### **Chrysalis (High School age): TBA**

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#### **2011 Walks - Location: TBA**

**Men's Feb 24-27**

**Women's March 3-6**

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#### **Going Green!**

Newsletters are posted on the Emmaus Web site [www.utwte.org](http://www.utwte.org) and will be E-mailed.

If you would like to continue to receive the newsletter in the mail call 801-259-4774,  
otherwise this will be the **last US Postal Mailing**.

If you did not receive an E-newsletter, we don't have your **correct email address**,  
please send it to us at [postmaster@utwte.org](mailto:postmaster@utwte.org)

Thanks to:  
Men's Walk director Jay Sambamurthi,  
Women's Walk director Luanne Holmes and co-director Diane Wheeler.  
And to all our Emmaus servants!

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**Welcome to our new pilgrims!**

**Gloria Anderson, Robin Jensen, Becca Hall, Rachel Johnson,  
Agnes Lomu-Penitani, Bev Harris, Kathy Scott, Mary Pankow,  
Sandy Holly, Karen Ellis, Colleen Quintana, Sandra Krause,  
Tami Simpson, Corrin Krogh, Linda Hansen, Janet Bigler.  
Bruce Thayn, Ken Taylor, Seni Penitani, James Winder, Zac Pierce,  
Sean O'Reilly, James Holly, Woody Wood, Ezra Wilson, Moses Mo'unga,  
Tim LaBoria, Roy Sanchez, Jon Simpson, Jim Haynes, Andy Kimball,  
Ed Bigler, Todd Kinzle, Cory Wetz.**

The group photos are on the website [www.utwte.org](http://www.utwte.org)

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**Any outstanding invoices to be paid from the last walks should be sent to:  
Diane Wheeler  
6537 S. Redwood Road #24  
Taylorsville, UT 84123  
You can also request a donation slip if needed.**

*1 Peter 4:10  
Each one should use whatever gift he/or she has received to serve others,  
faithfully administering God's grace in its various forms.*

**Gathered in His name.**

WOW!!! We had 70 at the Gathering March 14 at Community of Grace!  
Kathy Scott and Woody Wood shared their Emmaus and 4th Day experiences with us.  
Thank you to everyone for a wonderful potluck, music and worship service.  
Great food for body and soul.

Don't miss the next Gathering: **May 23, 3pm**

## Stay Connected!

Please send us your current information and contact preference:  
[postmaster@utwte.org](mailto:postmaster@utwte.org) or mail to 8931 S 3200 W, West Jordan, UT 84088

Help us get all Emmaus news out to **everyone** at your church and in your 4<sup>th</sup> day group.  
We need an Emmaus contact at every church.

Promote Emmaus at your church - DVD's available.

Update us on your 4<sup>th</sup> day group!  
Meeting day, time, location and contact person,  
Agape Ideas

**Remember that other walks can use our prayers too, they are happening all the time, all over the world! Check it out at <http://www.3dayol.org/Vigil/GetComm.phtml>**

**Prayers for Luanne Holmes as she recovers from surgery.**

### UTWTE IS GOING GREEN

As the pre-walk registrar, every year I receive a phone book sized stack of applications from pilgrims, sponsors and willing servants. You should see my computer desk a week or two before the Walks. I have recently taken over the UTWTE web site and found that registration forms can be completed on line. This is much easier for me because it can eliminate my misspellings as I process the forms. Right now the Emmaus/Chrysalis Serve form is available on the Internet. I am currently working on ways to complete the Pilgrim's application and Sponsor's form on line. Of course you can still download these forms as a Word document. Log on and check out the web site at [www.utwte.org](http://www.utwte.org). I am also open to suggestions on how to improve the site. Email me at [myearling@comcast.net](mailto:myearling@comcast.net). Mark Yearling

**Donations to the pilgrim scholarship fund are very welcome and can be sent to Mark Yearling 5720 South 2600 West, Roy, Utah 84067.**

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Luke 24:32 *And they said to one another, "Did not our heart burn within us while He talked with us on the road, and while He opened the Scriptures to us?"*

**Christ is counting on me and I am counting on Christ.**

Acts 2:12 ...."What does this mean?" Sound familiar? What did the weekend mean to you?

Acts 2:37 "Brothers, what shall we do?" What are you going to do about it?

What have you done with your 4th days so far? Have you joined a 4th day group? Have you started a new 4th day group? Have you made a friend and brought a friend to Christ?

**God is crazy, madly, deeply in love with you!**

**God loves you and there is nothing you can do about it!**

## **Tell everyone about your Walk!**

Wow! What an awesome experience in the presence of the Holy Spirit. We had 20 servants partake in the growth of 18 pilgrims under the leadership and guidance of the Holy Spirit in the Wasatch Front Walk to Emmaus for Men, 2010. I can't even count the servants that had assisted Mark Yearling, the background coordinator. I hope that each of us was blessed abundantly in our service to Christ and His glorification with our words and deeds. We had the wonderful opportunity to hear the pilgrims share their growth during the weekend – “never heard expressions of love growing up at home and to come here and experience the love of God from total strangers”; “committed to being a leader at my church in my fourth days”; “I came here my cup half-full and return with my cup full” – some of the remarks from the pilgrims. I express my deepest gratitude to each of you for your servant heart and sharing your agape Christ love with the pilgrims. Your enthusiasm and grace made my task as Lay Servant easy and fulfilling.

I sincerely hope that you received much more love from Christ than what you shared with the pilgrims of the Walk. Ephesians 2:8-9 says, “For it is by grace you have been saved, through faith – and this is not from yourselves, it is the gift of God – not by works, so that no one can boast. For we are God’s workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do.” Yes, we don’t need to boast or do things to win favor with God. Christ has done it all for us. Let us continue to joyfully, with no strings attached accomplish the things that God has prepared in advance for us by the power of the Holy Spirit.

I look forward to continued association with each of you in my journey as a servant of Christ.

### **Christ is all!**

De Colores

Brother in Christ, Jay Sambamurthi  
Wasatch front Walk to Emmaus #12

### **Emmaus Weekend**

*While I went in with no expectations, I had bitterness and anger in my heart due to a personal situation and came out with that removed from my heart and a new path that the Lord has set me on. While my feet are sometimes reluctant to walk this path, the Lord always makes sure I continue down that path, even if I step in a muddle puddle ever once in awhile.*

**Peace Be With You, Todd.**

### **My Emmaus Weekend**

It is hard to put into words all that I felt over my Emmaus Weekend. It was so much more than I have ever experienced before and having been in the ministry for 30 years I have experienced a lot! The tender way that I experienced God was at times overwhelming and so undeserved, it felt so humbling in a good way. It underscored to me that God is taking care of me and will continue to do so and I do not have to be afraid. He is always with me. He is present in ways and in circumstances that are unbeknown to me. His courage and strength carry me. All of His care for me frees me to care in the same way for others which was also evident in very physical ways throughout the weekend.

This really just scratches the surface. It was amazing!!!!

Karen Ellis

### **Serving on the walk-**

This year on the walk I was able to be in the conference room. I really think anyone who has been enriched by their original walk should have a chance to be involved by experiencing the walk again. Of course all the background work is essential and I have been there too- but experiencing the walk again is like going to the well. I learned so much more this time about God's grace and his unending unbelievable love and acceptance of us. What a journey and a blessing.

DeColores- Helen Bearinger

*He who pursues righteousness and love finds life, prosperity and honor. -Proverbs 21:21*

I debated with myself over attending this walk for the last couple years. I struggled with this decision because even though I am nearing 40 years of age, my faith journey is relatively new. I felt uncomfortable about leaving family and work behind with no personal contact for 3 days. I wrestled with concerns over personal privacy and space. I also feared that I needed to be a Biblical scholar to get the most of the Walk.

Finally attending, I can now laugh off those old awkward feelings present in me prior to the experience. The weekend flew right by and when it concluded I had to stop and pinch myself to see if it was really over. The surroundings were comfortable and the food was abundant. The Emmaus staff went out of their way to make sure we had anything we needed. The gentlemen on the walk were all such wonderful people! We all came from various home towns, churches, and backgrounds. Yet, as the weekend progressed, friendships were established and strengthened through a common bond. I have never felt as close to Jesus as I did on that walk and thereafter. Jesus was alive there. His presence covered the entire building and could be seen in the actions and faces of everyone there.

I learned well more than expected.. ..not only about the Bible, but more so on Love and Grace. I learned a great deal about myself as well. The experience was like looking in a virtual mirror. I feel newly outfitted and inspired to be a better Husband, Father, Son, Brother, friend, employee, and disciple of Christ!

Thanks! James

### **My Walk to Emmaus**

My husband, James, returned home from the Men's Walk five days before I was to attend the Women's retreat. He was so anxious to tell me about the magnificent time he had at Emmaus. Unfortunately, he was sworn to secrecy – Rats!! When James said to me, “Becca, I cannot wait for you to go on your Walk! I cannot wait for us to share this experience!” I could not stop thinking about it for the life of me... I could not wait for Thursday evening!

From the moment I arrived until the evening I left, everyone made me feel loved and welcome. The ALDs were so gracious and patient and I couldn't ask for better roomies or table mates. Every moment of the weekend was an adventure - - there was literally something new around every corner.

Those 72 hours of my life were **everything** and **nothing** that I expected – all at the same time! My Emmaus weekend was a moving, eye-opening, inspirational and humbling experience. The timing of the Walk for me personally was perfect! I needed to re-energize my spiritual self and strengthen my relationship with God and my Christian family. I will never forget the inspirational messages that I learned during my Walk to Emmaus, nor will I forget the amazing people who made the weekend possible!

De Colores! -Becca

### **Serving**

I can honestly say each year I look forward to participating in the Walk to Emmaus. I look forward to serving our Lord along with each of you. For me, there is no greater thrill, than to witness the transformation and to hear the responses of the pilgrims on Sunday afternoon. After being bathed in God's love listening to the pilgrims express to the community what the weekend meant to them and what they intend to do about it. It is a powerful thing to witness the love of God transform lives.

It has been my great honor and privilege to serve our Lord with each of you the last four years as the kitchen and facilities director. I want to extend a warm welcome to Russ Venable and to all the new board members and assure them that they have my love, my prayers and my support. And to say thank you to the existing and past board members for making my term a wonderful and fulfilling experience.

De Colores! Debi Paulsen

## French Toast Bake - Pam Ford

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### Ingredients

1 cups packed brown sugar  
1/2 cup butter  
12 slices bread  
1-1/4 teaspoons ground cinnamon, divided  
6 eggs  
2 cups milk  
1/4 teaspoons vanilla extract

### Directions

1. Melt the brown sugar, butter and to a boil over medium heat, stirring constantly. Remove from the heat. Pour into a greased 13-in. x 9-in. x 2-in. baking dish. Top with six slices of bread. Combine sugar and 1/2 teaspoon cinnamon; sprinkle half over the bread. Place remaining bread on top. Sprinkle with remaining cinnamon-sugar; set aside.
2. In a large bowl, beat the eggs, milk, vanilla and remaining cinnamon. Pour over bread. Cover and refrigerate for 8 hours or overnight.
3. Remove from the refrigerator 30 minutes before baking. Bake, uncovered, at 350 degrees F for 30-35 minutes.

## Spinach Salad

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On Salad Plates put

Spinach  
Strawberries  
Red Onion  
Glazed Walnuts  
Raspberry Vinaigrette

## Baked Potato Soup

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### Ingredients

4 baking potatoes  
2/3 cup butter  
2/3 cup all-purpose flour  
6 cups milk  
1 cup chopped green onions  
3/4 teaspoon salt  
1/2 teaspoon ground black pepper  
12 slices cooked bacon, crumbled  
5 ounces shredded Cheddar cheese  
1 (8 ounce) container sour cream

### Directions

1. Bake potatoes 1 hour in a 400 degree F (200 degree C) oven. Scoop out the inside of the potatoes and set aside. Reserve the skins for another recipe or discard.
2. Melt the butter in a large skillet over medium low heat. Stir in the flour to make a roux. Cook about 1 minute, stirring constantly. Gradually pour in the milk while stirring until all the milk has been added. Bring heat to medium and keep stirring until the soup mixture starts to get thick.
3. Add the potatoes, green onions, salt, ground black pepper, bacon and cheese. Stir well and continue to heat for about 15 minutes, allowing the flavors to blend.

Stirring well, mix in the sour cream until well blended with the soup. Serve immediately.

# 2010 Emmaus Board Members: Welcome to our new board members!!!

**Emmaus Chairperson**  
Ken Quade  
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[quadekg@comcast.net](mailto:quadekg@comcast.net)

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Mark Yearling  
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**Kitchen**  
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S. Jordan 801-280-0777  
[debip1@msn.com](mailto:debip1@msn.com)  
**\*\*\*Starting in May\*\*\***  
Russ Venable  
Sandy 801-572-1935  
[venablewi@yahoo.com](mailto:venablewi@yahoo.com)  
and  
James Winder co-chair  
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[slraiders@yahoo.com](mailto:slraiders@yahoo.com)

**Team Coordinator**  
Melissa Venable  
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**Librarian**  
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**Clergy**  
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[Bkaylor@parkcitycommunitychurch.org](mailto:Bkaylor@parkcitycommunitychurch.org)  
**\*\*\*Coming Open\*\*\***

**Music Coordinator**  
Jerry Selbo  
W. Jordan 801-282-1268  
[jselbo@digis.net](mailto:jselbo@digis.net)

**Agape**  
Cindy Larson  
South Jordan 801-280-2509  
[Clarson123@juno.com](mailto:Clarson123@juno.com)  
Bev Harris Co-chair  
Tooele 435-882-0769

**Decorations**  
(*build decorations teams*)  
Helen Andrasovsky  
Ogden  
[handrasovsky@gmail.com](mailto:handrasovsky@gmail.com)

**Trailer Angel**  
(*set up & supplies*)  
Daren Hill co-chair with Ken Quade  
801-710-7163  
[jerry.hill@hill.af.mil](mailto:jerry.hill@hill.af.mil)

**Love Team**  
(*set up, keep up, clean up*)  
Todd Kinzle  
Grantsville 435-249-0039  
[twkinzle@comcast.net](mailto:twkinzle@comcast.net)

**Prayer Chapel**  
(*Prayer Vigil*)  
Becca and James Winder, co-chairs  
West Jordan 801-562-0615  
[rebecca.a.winder@convergys.com](mailto:rebecca.a.winder@convergys.com)  
[slraiders@yahoo.com](mailto:slraiders@yahoo.com)

**Chrysalis Chairperson**  
(*promote Chrysalis*)  
**\*\*\*Open\*\*\***

**Gathering Coordinator**  
(*plan quarterly gatherings*)  
**\*\*\*Open\*\*\***

**YOUR NAME WHERE?**  
**Join the Board!!**

We meet the 2nd Tuesday of  
odd months for an hour or so.

Next Board meeting:  
**Tuesday, May 11, 7pm**  
**Community UMC, Washington Terrace**  
**163 W. 4800 S, Ogden**  
**Get on board!!**

**Wasatch Front Walk To Emmaus**  
**Mountain Vista United Methodist Church**  
**8931 S 3200 W**  
**West Jordan, UT 84088**  
Return Service Requested



**"While they were talking and discussing, Jesus himself came near and walked with them."** -Luke 24:15

*... "It is true! The Lord has risen and has appeared to Simon." Then the two told what had happened on the way [to Emmaus], and how Jesus was recognized by them when he broke the bread. ~Luke 24:34-35*

*Our Home Page: <http://www.utwte.org>  
National Emmaus: <http://www.upperroom.com/emmaus/>*

*Christ is counting on you!*

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*Emmaus Walks are spiritual walks to strengthen, teach and renew active Christian leaders within the Church.*

To be added or removed from our contact list or  
to update your contact information  
send to [postmaster@utwte.org](mailto:postmaster@utwte.org)